

30 Day Hope Challenge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 <i>Pray blessings over the youth attending school this new school year.</i>	2 <i>Recall a time you experienced hope in spite of your circumstances.</i>	3 <i>Continuously pray a scripture or the Jesus Prayer throughout the day.</i>	4 <i>Read the Gospel today.</i>
5 <i>Recall a time when God did not give up on you.</i>	6 <i>When have you felt like there was no future or hope? Lean on this promise.</i>	7 <i>Take a moment to recall a time your heart was glad. Did you feel rest and security in God? If not, ask God for this.</i>	8 <i>Write down answered prayers from this year and give praise!</i>	9 <i>Share a Hope Sign with a neighbor, friend, or family member.</i>	10 <i>Trust God, today, in any situation you are in. You will not be shaken!</i>	11 <i>Believe that God will guide you through your current struggles.</i>
12 <i>Reflect on a trial you've gone through and how God has helped you overcome it.</i>	13 <i>Take a nature walk. What catches your attention? How might God be encouraging you?</i>	14 <i>Make a list of how you are made in God's image.</i>	15 <i>What characteristics of God or Christ do you most connect with?</i>	16 <i>Sing one of your favorite hymns.</i>	17 <i>Pray over those you know are suffering from illnesses, loss, etc.</i>	18 <i>Tell a story to someone about a loved one who passed away.</i>
19 <i>Watch the sunrise and admire the beauty God has created.</i>	20 <i>Journal how God has been there for you.</i>	21 <i>Meditate over the day and give God glory.</i>	22 <i>Ask someone to pray for you.</i>	23 <i>Read your favorite scripture.</i>	24 <i>Believe in God's grace and know that you are a child of God!</i>	25 <i>Share an act of kindness.</i>
26 <i>Recall a time when you had full confidence that God was with you.</i>	27 <i>Talk with a youth about your faith in Jesus.</i>	28 <i>Thank God for a recent blessing.</i>	29 <i>Pray protection over those affected by war.</i>	30 <i>Tell someone about how knowing Jesus gives you Hope.</i>	1	2

We challenge you to focus on Hope and God's promises for September and see if you don't feel more Hope-filled!