

**Faith is taking the first step  
even when you can't see the  
whole stairway.**

The Rev. Dr. Martin Luther King Jr.



# Week 1: Compassion and Faith

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FEBRUARY 26, 2023

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# Compassion

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Pg. 16 – “compassion is a response to suffering”

The meaning of compassion is ‘sympathetic consciousness of others’ distress with a desire to alleviate it.’ – Merriam-Webster Dictionary

# Compassion Journal

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Pg. 15 – “One way to begin is by responding to the ‘Making it Personal’ prompts that follow each day’s reflection.”

# Gospel Reading

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# Deuteronomy 8:3 (NRSV)

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He humbled you by letting you hunger, then by feeding you with manna, with which neither you nor your ancestors were acquainted, in order to make you understand that **one does not live by bread alone** but by every word that comes from the mouth of the Lord.

# Psalm 91:11-12 (NRSV)

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For he will command his angels concerning you to guard you in all your ways.

On their hands they will bear you up, so that you will not dash your foot against a stone.

# Deuteronomy 6:16 (NRSV)

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**“Do not put the Lord your God to the test, as you tested him at Massah.**

# Exodus 17:2,7 (NRSV)

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2 The people quarreled with Moses and said, “Give us water to drink.” Moses said to them, “Why do you quarrel with me? Why do you test the Lord?” 7 He called the place **Massah** [test] and Meribah [quarrel], because the Israelites quarreled and tested the Lord, saying, “Is the Lord among us or not?”

# Deuteronomy 6:13 (NRSV)

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The Lord your God you shall fear, him you shall serve, and by his name alone you shall swear.